

Time-Ordered Agenda for

Sensory Diets 101

Instructor: Gwen Wild, MOT, OTR/L

Time (minutes)	Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Welcome and Agenda	Lecture
15	Self-Modulation Theory	Lecture
15	Sensory Modulation Disorder	Lecture, demonstration, examples
10	Components of a Sensory Diet	Lecture
10	Case Study	Video and discussion
15	Sensory Breaks	Lecture, examples
10	Case Study	Video and discussion
10	Sensory Routines	Examples and discussion
10	Sensory Modifications	Examples and discussion
10	Research	Lecture, discussion
10	Case Study	Case study
120	TOTAL RUN TIME	