

**Time-Ordered Agenda for  
The Interoceptive Sensory System  
Instructor: Gwen Wild, MOT, OTR/L**

<b>Time (minutes)</b>	<b>OT-Specific Content to be Covered</b>	<b>Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)</b>
5	Introduction	Discussion
15	Neurology of Interoception	Lecture
15	Assessment of Interoception	Discussion, demonstration
20	Intervention Strategies	Lecture, demonstration
10	Modifications and Adaptations	Lecture, demonstration
10	Case Study	Case study, discussion
15	Q & A, Post-Test, Course Eval	Post-test
<b>90</b>	<b>TOTAL RUN TIME</b>	