Time-Ordered Agenda for

Motor Labs and Sensory Paths

Instructor: Kimberly Wiggins, OTR/L

Time		Instructional Methodologies (e.g., lecture, case study, discussion,
(minutes)	OT-Specific Content to be Covered	demonstration)
5	Introduction	Lecture
10	Review of research that indicates an increase in special education and obesity	Lecture
10	Review of research for use of classroom/school-wide movement programs	Lecture
5	Explanation of school-wide movement initiatives	Lecture
5	Physical activity requirements in schools	Lecture
10	Motor Lab description and research	Lecture, video demonstration
20	How a motor lab functions in a school: who can use it and how to use it	Lecture, video demonstration, case study
5	Sensory Path explanation	Lecture, video demonstration
15	Options for creating a sensory path	Lecture
15	Other school-wide movement initiatives	Lecture
15	Tips for adding school-wide initiatives to your school	Lecture
5	Questions	
120	TOTAL RUN TIME	