

Proprioceptive Strategies for Improving Self-Regulation in Children
Presented by
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Course Description and Learning Outcomes

The proprioceptive sense plays a key role in assisting with self-regulation skills in children. This 1-hour presentation demonstrates that connection and shares hands-on treatment strategies across classroom, clinic, home, and community environments. Learn the importance emotional regulation has on academic success as well as how to facilitate through proprioception.

Learning Outcomes

1. Define the proprioceptive sense.
2. List strategies to improve self-regulation using proprioception.
3. Describe the role of emotional regulation on academic achievement.