Proprioceptive Strategies for Improving Self-Regulation in Children Presented by Rachel Harrington, COTA/L, AC

Course Description and Learning Outcomes

The proprioceptive sense plays a key role in assisting with self-regulation skills in children. This 1-hour presentation demonstrates that connection and shares hands-on treatment strategies across classroom, clinic, home, and community environments. Learn the importance emotional regulation has on academic success as well as how to facilitate through proprioception.

Learning Outcomes

- 1. Define the proprioceptive sense.
- 2. List strategies to improve self-regulation using proprioception.
- 3. Describe the role of emotional regulation on academic achievement.