10 Strategies to Immediately Boost Executive Functioning Skills Presented by Lori Benson Adams, MEd

Course Description and Learning Outcomes

This fast-paced, intervention-packed course provides therapists with an overview of general EF breakdowns and 10 immediately-applicable strategies to begin strengthening and building these skills today.

Learning Outcomes

- 1. Define EF skills through the breakdown of planning, time, and process.
- 2. Identify easily-embedded strategies to support students, parents, and teachers.
- 3. Evaluate current research supporting today's strategies.