

Time-Ordered Agenda for
A Sensory Fitness Approach to Evidenced-Based Sensorimotor Interventions
Instructors: Matt Sloan, COTA/L

Time (minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
30	Play and Motivation	Lecture, discussion, case study
30	Trunk Control: Coiling Core	Lecture, demonstration
30	Rolling Ropes	Lecture, demonstration
30	Sticks, Bats, and Clubs	Lecture, demonstration
	Q&A as needed	
120	TOTAL RUN TIME	