

**Time-Ordered Agenda for**  
**A Sensory Fitness Approach to Evidenced-Based Sensorimotor Interventions**  
**Instructors: Matt Sloan, COTA/L**

<b>Time (minutes)</b>	<b>OT-Specific Content to be Covered</b>	<b>Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)</b>
30	Play and Motivation	Lecture, discussion, case study
30	Trunk Control: Coiling Core	Lecture, demonstration
30	Rolling Ropes	Lecture, demonstration
30	Sticks, Bats, and Clubs	Lecture, demonstration
	Q&A as needed	
<b>120</b>	<b>TOTAL RUN TIME</b>	