## Time-Ordered Agenda for

## **Toxic Stress: Causes, Consequences, and Interventions**

Instructor: Jerrod Brown, PhD

Time		Instructional Methodologies
(minutes)	OT-Specific Content to be Covered	(e.g., lecture, case study, discussion, demonstration)
40	Define toxic stress and other related constructs	Lecture, case study, discussion
	Explore toxic stress exposure in relation to adverse life experiences	
	Consider the role of toxic stress plays in poor behavioral, emotional, and physical health outcomes	
	Review cutting-edge research studies and relevant case studies	
40	Discuss screening considerations for toxic stress	Lecture, case study, discussion
	Review cutting-edge research studies and relevant case studies	
40	Discuss intervention considerations for toxic stress	Lecture, case study, discussion
	Review cutting-edge research studies and relevant case studies	
120	TOTAL RUN TIME	