

**Time-Ordered Agenda for
Facilitating Self-Management Systems**

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Time (minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Learning outcomes and agenda	Lecture
5	Assess circle of influence/application	Discussion
5	Connection with OT skills/strategies to use with SMS	Lecture, discussion
10	Research and benefits of SMS	Lecture
10	Determining target skills and strategies, and baseline data for SMS	Lecture, discussion
50	Planning for implementation	Lecture, discussion
10	Teaching the system	Lecture, examples
10	Evaluating effectiveness of intervention	Lecture, discussion, case studies
15	Compare predeveloped self management systems	Demonstration, case study
120	TOTAL RUN TIME	