

**Time-Ordered Agenda for  
Creating Time Awareness and Time Usage Skills in  
Children with Poor Executive Functions**

**Instructor: Lori Benson Adams, MEd**

<b>Time (minutes)</b>	<b>OT-Specific Content to be Covered</b>	<b>Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)</b>
5	Intro, Agenda, Goals	Discussion
25	Understanding Executive Functions and Time Distortion	Lecture, demonstration
20	Teaching Time Awareness	Lecture, discussion
10	Using Visual Schedules and Timers	Student studies, demonstration, discussion
20	Teaching Time Estimation	Lecture, demonstration
20	Teaching Time Usage	Lecture
10	Developing Time Plans Through Backward Planning	Student study, demonstration, discussion
10	Synthesizing Information, Q&A	Discussion
<b>120</b>	<b>TOTAL RUN TIME</b>	