

**Time-Ordered Agenda for  
Utilizing Expressive Arts, Nature, and Animals in Therapeutic Practice with  
Children with ASD, ADHD, and Learning Differences**

**Instructor: Lori Benson Adams, MEd**

<b>Time (minutes)</b>	<b>OT-Specific Content to be Covered</b>	<b>Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)</b>
10	Learning Objectives, Research	Lecture, discussion
35	Using expressive arts to improve outcomes for children and teens	Lecture discussion examples
35	Using Nature as a tool to improve outcomes for children and teens	Lecture, discussion, examples
35	Using animals in the therapeutic setting to improve outcomes	Lecture, discussion, examples
5	Q&A, post test review, resources	Lecture and discussion
<b>120</b>	<b>TOTAL RUN TIME</b>	