

Time-Ordered Agenda for
Play as a Tool for Facilitating Executive Functioning Skills in Children

Instructor: Lori Benson Adams, MEd

Time (minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Introductions, review of goals and objectives	Lecture
5	Defining play and its importance	Lecture, discussion, examples
10	Defining EF and its importance	Lecture, discussion
10	Using play as a gauge for EF development	Lecture, discussion, examples
15	Early stages of play and correlation to EF	Lecture, discussion, examples
15	Peer play and direct relation to EF development	Lecture, discussion, examples
15	Changes in current play and possible developmental impacts	Lecture, discussion, examples
15	Play techniques to promote EF	Lecture, discussion, examples
15	Play diet/playful learning strategies	Lecture, discussion, examples
15	Resources, questions, answers and examples	Lecture, discussion, examples
120	TOTAL RUN TIME	