Time-Ordered Agenda for

Screen Time and the Developing Brain

Instructor: Lori Benson Adams, MEd

Time		Instructional Methodologies
(minutes)	OT-Specific Content to be Covered	(e.g., lecture, case study, discussion, demonstration)
5	Review of objectives	Lecture
15	Understanding current impact of screen time on children	Lecture discussion
10	Developmental lags associated with too much screen time	Lecture discussion
20	Assisting parents and teachers with appropriate screen usage	Lecture, discussion, examples
10	Resources and Q&A	Lecture, discussion, examples
60	TOTAL RUN TIME	