

Time-Ordered Agenda for
ADHD: Intervention Strategies for School-Based Therapists
Instructor: Lori Benson Adams, MEd

Time (minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Introduction and review of objectives	Lecture
15	Defining ADHD from the neurological perspective (<i>DSM</i> , CDC, etc.)	Lecture, discussion
10	ADHD as a deficit in executive skills	Lecture, discussion, examples
10	Unique qualities of students with ADHD (what needs to be understood in a school setting)	Lecture, discussion, examples
30	Strategies to Increase attention, impulse control, emotional regulation, and weak EF skills	Lecture, discussion, examples
15	Resources (books, apps, websites)	Lecture, discussion, examples
5	Q & A and review	Lecture, discussion
90	TOTAL RUN TIME	