

**Time-Ordered Agenda for
Coaching Teens with EF Challenges
(Exclusive to the Micro-Credentialing Program)**

Instructor: Lori Benson Adams, MEd

Time (minutes)	SLP-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Intro and Review of Objectives	Lecture
20	Definition and Key Elements of Coaching	Lecture, discussion, examples
15	Coaching in Relation to Building Executive Functions	Lecture, discussion, examples
25	Steps and Essentials for Building a Coaching Relationship, Including Assessment, Goal Setting, and Monitoring	Lecture, discussion, examples
15	Sample Lesson Flow	Lecture, discussion, examples
15	Student Studies	Lecture, discussion, examples, student study
15	Weekly Session/Private Practice Format	Lecture, discussion, examples
10	Resources and Q&A	Lecture, discussion
120	TOTAL RUN TIME	