

**Time-Ordered Agenda for
Nature as a Therapeutic Tool for Social, Sensory, and Motor Development**

Instructor: Lori Benson Adams, MEd

Time (Minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
10	Introduction, review of objectives	Lecture
20	Changes in childhood experiences and corresponding challenges	Lecture, discussion, examples
30	Nature as a therapeutic tool	Lecture, discussion, research review
20	Orienting to nature	Lecture, discussion, activities
60	Nature activities to build motor, sensory, and social development	Lecture, discussion activities
30	Incorporating nature in limiting environments	Lecture, discussion, activities
10	Resources and continued learning	Lecture, discussion, examples
180	TOTAL RUN TIME	