

Time-Ordered Agenda for
Sound Therapy Techniques in Occupational Therapy
Instructor: Alison Ausherman, OTR/L, Sound Therapist

Time (Minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
20	Intro/History of Sound Therapy	Lecture/demonstration
20	Current therapeutic use of sound	Lecture
20	Music and its effect on the body	Lecture/demonstration
20	Practical tools	Lecture/demonstration
25	Case studies	Case study
15	Q&A	Discussion
120	TOTAL RUN TIME	