

**Time-Ordered Agenda for
An Executive Functioning View of Poor Impulse Control,
Motivation, and Self-Regulation**

Instructor: Lori Benson Adams, MEd

Time (minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
15	Objectives, Introduction of EF, define	Examples, lecture
20	Viewing behavior through EF lens	Examples, lecture
20	Various elements of self control	Examples, lecture
10	Intervention Pyramid	Examples, lecture
20	Sensory/EF compare/contrast, calming strategies	Examples, lecture, case studies
30	Strategies and resources	Lecture, discussion
5	Recap, Q&A	Discussion
120	TOTAL RUN TIME	