

**Time-Ordered Agenda for  
Promoting Creativity as a Tool for Self-Regulation**

**Instructor: Lori Benson Adams, MEd**

<b>Time (Minutes)</b>	<b>OT-Specific Content to be Covered</b>	<b>Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)</b>
15	Introduction, Defining elements of self-regulation	Lecture, discussion
15	Creativity as a tool for promoting self-control	Lecture, discussion
45	Specific activities to use to tie creativity and self-regulation together for therapeutic purposes	Lecture, discussion, examples
15	Student Study, Resources, Q&A	Student study, discussion, lecture
<b>90</b>	<b>TOTAL RUN TIME</b>	