

Time-Ordered Agenda for

The First 1,000 Days: How Food Insecurity Impacts Prenatal and Childhood Health

Instructor: Jerrod Brown, PhD

Time (Minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
40	Identify the definition of the First 1,000 days of life. State the problematic and concerning experiences that occur during the First 1,000 days of life, and how they can contribute to poor health outcomes across the lifespan.	Lecture Case study Discussion
40	List challenging experiences that occur during the First 1,000 days of life that may contribute to problematic behaviors later in life.	Lecture Case study Discussion
40	Identify scientifically based research findings that discuss the development of a First 1,000 days of life-informed approach to intake, screening, and intervention across various therapeutic settings.	Lecture Case study Discussion
120	TOTAL RUN TIME	