Time-Ordered Agenda for

Meeting Milestones: Motor and Sensory Development and Interventions from Birth to Three

Instructor: Rachel Harrington, COTA/L, CPRPS

Time (Minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
10	Introduction to Early Motor Development	Lecture
20	Birth to 3-Month Interventions: Building the Foundation	Lecture, demonstration
20	4- to 6-Month Interventions: Strengthening Core Skills	Lecture, demonstration, case study
20	7- to 9-Month Interventions: Advancing Mobility & Coordination	Lecture, demonstration, case study
20	10- to 12-Month Interventions: Preparing to Walk	Lecture, demonstration, case study
10	12- to 18-Months: Exploring & Refining Skills	Lecture, demonstration
10	18 to 24 Months: Becoming Independent	Lecture, demonstration
10	2 to 3 Years: Refining Coordination & Dexterity	Lecture, demonstration
	Q&A	Discussion, Q&A
120	**TOTAL RUN TIME: 120 Minutes**	