

Time-Ordered Agenda for
Preventing Picky Eating: A Proactive Feeding Approach for Infants and Toddlers
Instructor: McKenzie Hoffman, MA, CCC-SLP

Time (Minutes)	OT-Specific Content to be Covered	Instructional Methodologies (e.g., lecture, case study, discussion, demonstration)
5	Intro, general risk factors picky eating	Lecture
20	Infant risk factors/ways to make feeds positive	Lecture, demonstration
15	Creating positive experiences 3-6 months	Lecture, demonstration
20	Creating positive experiences: starting solids	Lecture, demonstration
10	Creating positive experiences: toddlers	Lecture, demonstration
20	Parent risk factors	Lecture, demonstration
20	Positive experiences all ages and parents	Lecture, demonstration
10	Case study	Case study
120	TOTAL RUN TIME	